# Framingham Heart Study

# Original Cohort Exam 7

### 03/22/1960-10/31/1964 N=4191

#### **Exam Form Version**

4-53 Summary of findings

7-60 Epidemiology Study Part 1: History & Part 2: Physical examination

8-60 Exam VII Code Sheet: Card No. 1

12-60 Exam VII Code Sheet: Card No. 2

1-61 Exam VII Code Sheet: Card No. 4

## Notes on Framingham Heart Study Main Exam Data Collection Forms

Multiple versions of each exam form were used at the time of data collection. However, only one version of each exam form has been provided in the samples below. The other versions, which can be found in the participants' charts, have the same variables as the sample exam forms, but may be placed in a different format.

On some of the sample exam forms, the same variable may be found on two different data sheets. An example of this would be variable "FA159" on original cohort exam 8, which is "Signs of CVA: Aphasia." This variable appears both in the physical examination and Exam VIII Code Sheet Card No. 4. The reason for the reappearance of variables is that one data sheet was used for collection of the data, while the other was used to enter the data into the computer. Variables appearing more than once on an exam form should hold the same value in both places for that particular participant.

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#### SUMMARY OF FINDINGS

Record	No.		

Not	ni	example	chair

Name \_\_\_\_\_\_ Sex \_\_\_ Height \_\_\_\_\_ In

		,	I	<u>II</u>	Ш							
	Exam	. Number and Date	1.1	1 ./	1.1	/ /	1. 1	11	/ /	/ /	/ /	//
		Admission	/	/	/		/.		/			
	LABP	lst Examiner		/	/	/						
		2nd Examiner							/			
		Weight in lbs.										
		Vital Capacity										
i	w	·										
	۵	ı.										
	~ź-RAY*	Doubtful	:									
	*	Abnormal		·		,						
	ECG**	Doubtful	:			:		-				
6	ECC	Abnormal									-	
-		BCG (Grade)	-	·								
		1								·		
		42					·	• .				
-												
			,									

(\*) If Doubtful or Abnormal, indicate:
Gr.V.—great vessels
GCE—generalized cardiac enlargement MF494
LVH—left ventricular hypertrophy
Oth Cont—other contour MF498
Non CV—non CV disease

(\*\*) If Doubtful or Abnormal, indicate:

Myo Inf—myocardial infarct MFS77

LVH—left ventricular hypertrophy
IVB—IV block MFS76

AVB—AV block MFS76

NS I-wave—nonspecific I-wave MFS78

Arr—arrhythmia
MFS73

NOT IN EXAMPLE CHART

ame		<b>-</b>	DIAGN	OSTIC IN	PRESSION	AT TIME	
ecord No.		//	$1/\sqrt{1}$		//		
	NO CVD	<del></del>	11	1			ļ
	Arteriosclerotic HD			1/			
	Angina pectoris			1			
	Myocardial infarct, by history						
	Myocardial infarct, by ECG	<del></del>					
	Rheumatic HD						
	RF or chorea						
	Systolic murmur(s): Mitral						
	(enter grade) Aortic						
	Diastolic murmur(s): Mitral						
CARDIOVASCULAR IMPRESSION CARDIAC	(enter grade) Aortic						
IPRESS 10 CARD I AC							
AP S	X-Ray evidence1/						
<u>-</u> مح	Hypertensive HD MF576						
וער	High blood pressure						
'ASC	LVH or GCE on X-Ray						
<u> </u>	LVH by ECG				,		
ARC							
°	Other HD <sup>2</sup> /						
		ž.					
	Functional and Physiologic D <sub>x</sub>						
MIST	Functional class3/	<b>.</b>					
MISTA	Congestive heart failure						
	Other Vascular Disease						
AA	Cerebrovascular accident					·	
VASCULAR	Peripheral arterial insufficiency						
Š							
		L				.,	
> <del>1</del> S							
NON-CV DI AGNOSI S¥/							
N AG							
					·		,
	Type lettersent to patient5/						
	Reviewer's initials						

Date	of	birth	Sex
Date	٠.	011 011	00%

	//	//	7/	Age at initial examination
1	<del> </del>	<b>│</b> ├ <del>───</del> ┤		ADDITIONAL MATEO
		<b>                                     </b>		ADDITIONAL NOTES
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				Exam II
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				Exam TTT
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	<del></del>	<b> </b>		E×am
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	}	<b> </b>		Exam
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			<b>  </b>	E×am
			1	Exam
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				Cuan
	<b> </b>			E×am
, ··				$-rac{1}{2}$ indicate in examination columns which items of the following are
				found on the X-Ray:  AH, GCE, LVH, PPA (prominent pulmonary artery), SLB (straight-
		1		ened left border), or OMC (other mitral contour).
	·			21 List in stub any of the following known from history, or found
				to be present: Congenital HD (Specify type), Luetic HD, Thyrotoxic HD,
7.00 mm				Congenital HD (Specify type), Luetic HD, Thyrotoxic HD, Myocarditis, Pericarditis, SBE, Other (specify).
				3/ Indicate in examination columns which functional class is
	÷			appropriate: I, II, IV.
	· · · · · · ·			List in stub any of the following known from history or found
				to be present: anemia, arthritis, asthma, cancer, chronic pulmonary disease,
			1	gallbladder disease, kidney disease, liver disease, NCA, peptic ulcer, syphilis, thyroid disease, toxemia of pregnancy.
	-	1		5/ Enter in examination column the number for the appropriate letter, as follows:
.	<u> </u>	11		1 No CYD 2 Minor condition
				3 See your doctor
				4 No change since previous exam 5 Non-CV abnormality
				Symbols: O Negative finding - (Dash) No data or unknown
	- 14 .	11		<ul> <li>(Dash) No data or unknown</li> <li>Positive finding present</li> </ul>
L	l ———	J L		<ul><li>+ Positive finding present</li><li>? Borderline or doubtful finding present</li></ul>

Record	No.	
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		I	п	ш							
Exam	. Number and Date	//	1/	//	//	//	//	//	/ /	/ /	//
	STS										
	Cholesterol										
	Hemoglobin										
	Phospholipid										
	Sugar										
	Uric Acid										
		,									
2		<u> </u>			ŀ						
ANALYSIS										:	
ANA								<u></u>			
BLOOD											
								<u> </u>			
		<u></u>		<u> </u>	<u> </u>				-		
	<u> </u>										
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1											
S	Specific Gravity									· · · · · · ·	
YSI	Sugar		atan ga								
INALYSIS	Albumin										
J.	·										
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2016

GPO 83-52249

### FRAMINGHAM HEART DISEASE EPIDEMIOLOGY STUDY

VII

FORM APPROVED BUDGET BUREAU NO.68-R433

PHS-1446-7 (7-60)
DEPARTMENT OF
HEALTH, EDUCATION, AND WELFARE
PUBLIC HEALTH SERVICE

WHITE SER

Part One - History

NAME (LAST) (FIRST)		PRES- ENT AGE	DATE LAST EXAM.	DATE THIS EXAM.	RECORD NUMBER
1. HOSPITALIZATION SINCE LAST EXAM	INATION (Including	deliveries	<del></del>	L	
Reason	Month - Yea		Name and Loca	tion of Hospital	Days Lost
o.					
None b.					
				· · · · · · · · · · · · · · · · · · ·	
c.					
2. ILLNESS AND/OR VISITS TO DOCTOR Redso	· · · · · · · · · · · · · · · · · · ·	ection I. al	Doctor	Month - Yea	r Days Lost
a.					,
None					
ь.					
c.					
1) Treatment or Medication prescribed					
2) Tests undergone			Result:		
3. SYMPTOMS OF CONGESTIVE HEART F	AILURE				
a + Dyspnea on exertion	1 2 3 4	d + A	inkle edema		
b.  - + Increase of DOE past year	1 2 3 4	- + C	Cough		
c. - + Paroxysmal nocturnal dyspnea		f. D	o you limit alt intake?	Dates	
g. – + Examiner Believes Patient Had	CHF During Interim				
4. MEDICINE FOR HEART OR CIRCULAT	ION Non		Da Started	Stopped	Still taking
- a. + Digitalis MF509	(Specify)				- Taking
- + Nitrites					
- + Quinidine					
- d. + Divretic MF510					
- + Hypotensive MF511	<del></del>				<del></del>
- f. + Hypocholesterol MF516	2		· · · · · · · · · · · · · · · · · · ·		<del></del>
- g. + Anticoagulant MF51			<del></del> :		
5. DIET	·····	<del></del>	<del></del>	L	<del></del>
- + Has a diet been prescribed for y	ou? Date: MF	514	Ту	pe:	<del></del>
- b + Have you followed a diet? Date				po: MF515-	520
6. CHEST AND/OR EPIGASTRIC DISCOME	ORT				
- a.+ Have you had a heart attack of	any kind?				
b. - + Have you had any chest or epige	astric discomfort?				
- C.+ Does it occur when you are quie	t or resting?				
- d.+ Does it come on with exertion o	r excitement?			-	

HISTORY - EXAM VII, Continued		
. CHEST AND/OR EPIGASTRIC DISTRESS - Continued		
- + 1s it related to meals?		
Date of onset:	Duration: Longest	
Location:	Radiates to:	
Туре:	Relieved by:	
Duration: Usual	Frequency:	
- f. ? + Examiner believes patient has Angina Pectoris		
9.? + Examiner believes patient had a myocardial infarction	on since last examination	
Other interpretation		
CVA SINCE LAST EXAMINATION		
a. SYMPTOMS None	DURATION	SEVERITY
1) L. [		
- + Sudden muscular weakness R		
- + Sudden speech difficulty		
3) - + Sudden visual defect R.		
4)		
~ + Unconsciousness		
b. Attack observed by:		
c. Date d. At age:	e. Onset: active	At rest
f. No. Name and - + Hospitalized: days location:		
9.		
- ? + Examiner believes this was a stroke		<del></del>
PERIPHERAL VASCULAR DISEASE		
- + Calf pain while walking: Distance		
- + Examiner believes this is intermittent cloudication		
ARTHRITIS		
- a. + Since your last clinic visit, have you had any arthritis [	, bursitis, rhoumatism	<b>.</b>
Describe:		
Is this new disease, or recurrent disease		
- + Have you ever had gout? MF521		
D. DIABETES		
- + Diagnosed: At age MF522 By:	·	
. 1 . 2 . 2 . 2	ication : Specify	
- + Follows diet		
- + Family history of diabetes: Specify		
MF524- MF528		

HISTORY - EXAM VII, Continued
11. THYROID DISEASE (Lifetime history) MF529
a.  - + Have you ever had any thyroid surgery? Date(s)
1. What was done? MI=530
2. At what hospital?
3. Complications: None Specify:
b.  - + Have you had any other thyroid disease? Date(s)
1. Typo: MP531
c. Current status (Include result of surgery): MF532
d. Treatment: Specify Date(s)
12. BREAST SURGERY (Lifetime history)
- a.+ Have you ever had any breast surgery? Date(s)
What was done?
Where?
b. Who first observed abnormality?
Self Routine P.E. Framingham Heart Program
Other, Specify:
13. MENOPAUSE (Lifetime history)
- a. + Periods have stopped. Stopped at age MF 533 Cessation was: Natural Surgical
MF534 Date of surgery Hospital
- b-? + Ovaries removed: Left Right Both Unknown
MI-535- C++ Hormone therapy: Dates taken Kind
MF 536 d. + Pelvic radiation therapy: Dates
Where given: Add the Control of the
14. SMOKING
- a+ Do you smoke now? Cigarettes/day MF537 Cigars/day MF538 Pipes/day MF539
M =540 Uses filter type: No   Yes   M =541 Inhales: No   Yes
MF542 Proportion of cigarette smoked: 3/4 or more 1/2-3/4 Less than 1/2
15. ALCOHOL INTAKE None
MF543 a. Highballs or coektails Number - None, < 1/mo,/day/days/mo.
MF5YY b. Beer (8-oz. units) Number - None, <1/mo/day/days/mo.
MF545 c. Wine (4-oz. units) Number - None, < 1/mo,/day/days/mo.
16. EYES
MPS46_ a. + Do you have trouble reading without glasses?
the tenth of the t
MF547 Age (at which difficulty first noticed, or glasses prescribed)

HISTORY - EXAM. VII, Continued

NOTES: (Identify by Section number):

#### FRAMINGHAM HEART DISEASE EPIDEMIOLOGY STUDY Part Two — Physical Examination VII

FORM APPROVED BUDGET BUREAU NO. 68-R433

(FIRST) RECORD NUMBER NAME (LAST) A. SIGNS LEADING TO A DIAGNOSIS OF HEART DISEASE b. Kyphosis MIS49 a, Increased AP diameter SECOND OBSERVER'S COMMENTS 0 2 2 c. Depressed sternum d. Scoliosis CHEST Sb o 1 0 1 2 3 2 Breath sounds Describe Normal MFSEX Normal -Abnormal [ Rales Туре SYSTOLIC MURMURS (Patient recumbent) None [ QUALITY GRADE PITCH TIMING AREA BL C Dc 1 2 3 5 a. Apex F M L Ha Mυ 6 Lo Ме Hi b. Mid Precordium BL C Dc 1 2 3 5 6 Hi Ε M L Ha Mυ Lo Ma BL C Dc 1 2 3 5 6 Hi c. Left Base Ε M L Ha Mυ Lo Me 2 5 C Dc 3 ٨ Me Hi d. Right Base Ε BL Ha 1 None A В C . **D** to e. Transmission: MAL Neck + Is this a significant murmur? None DIASTOLIC MURMURS GRADE AREA TIMING QUALITY Before ... 0. ... 1 ... 2 Exercise a. Mitral L Ru. AAL E Cr MP M After WOOD S 0 ... 2 Exercise. MP b. Aortic ₽ .. BL 0 1. 2 3 Ŀ Dcr LB RB .... No Yes c. Patient was exercised SECOND OBSERVER'S COMMENTS (Cms in MCL) b. Liver tender a. Liver palpable 0 1 2 3 4 5 **ABDOMEN** AND Right 2 3 MP654 **LEGS** Left 0 1 2 3 4 c. Ankle edema 0 1 2 3 4 Right 2 3 **VARICES** Left B. SIGNS OF CEREBROYASCULAR ACCIDENT None [ 1. Aphasia - ·+ 2. Hemiparesis Min. R. [ 3. Hyperreflexia 4. Path. reflexes - + Extensor [ Flexor 5. Other significant neurological signs: Describe

Page 6		
PHYSICAL EX	(AMINATION, EXAM YII, Continued	
	C. GENERAL CHARACTERISTICS	
HAIR	a. Color b. Percent c. Bald None Front Back Sides	
2. EYES	a. Arcus MISS Yes b. Exophthalmos MISS Senilis Senilis	_
	c. Xanthelasma MFSSB Size (mm) None R. L.	
3.XANTHO- MATA	None Present MF559 Locate	
4. HAIRI-	Normal Moderate Locate	
NESS	Sub- Normal Marked	
5.	a. Scar present, otherwise normal MFS60	
	b. Nodules: Size (mm) Locate	
THYROID	Single MF561 Multiple	
Normal	Consistency	
	c. Diffuse MFS None Slight Medium Marked enlargement	
	d. Evidence of Describe toxicity NF563 None	
MESCH	e. Cervical None Describe	
٠. 	a. Scar present None Right Left	
and the second	1. Radical mastectomy	
	2. Simple mastectomy	
BREASTS	3. Other surgery	
Normal	Specify: 1. Specif	
L.	b. Localized None Describe	
	c. Significant None Describe axillary nodes	
	d. Polythelia Na Yes	
7.	Signs present None Describe: MFS65	

ARTHRITIS

Page	7
ı aye	,

MACHASTIC	IMPRESSION	EXAM	VII

NOTES (Specify Section):

CLINICAL	DIAGNOSTIC	INDDESSION

	SECOND OBSERVER'S OPINION					
1. CARDIOVASCULAR IMPRESSION	·					
b.	v					
<b>.c.</b>						
d, Functional class:						
2. NON-CARDIOVASCULAR IMPRESSION						
<b>a.</b>						
» <b>b.</b>						
<b>c.</b>						
<b>d.</b>						
SIGNATURE OF EXAMINER	SIGNATURE OF OBSERVER					

### EXAM VII

Coded by:	Date:	
	· · · · · · · · · · · · · · · · · · ·	
Verified by:	Date:	

CODE	SHEE	T	
Samir.	igham	Heart	Study

Samingham H			Verified by: Date:					
Date of Exam	N	ame			.	Ag●	Type (S or SX)	
	1-4				,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,			
			Card No. 1		NUM	MERICAL.	DATA	
Rec	cord Number							
MEASURE-	5 - 8	9 - 11	12 - 13	14 - 15		16 - 18	19 - 21	22 - 25
AND		MF470	MF471	MFY	72 M	F473	MF474	MF475
PULMONARY FUNCTION	Height	Weight	Left DYNAM	Right OMETER		Total V	First Second's Volume ITAL CAPACI	
	,		,	24	05 07		20 40	41 42
BLOOD PRESSURE	26 - 28 MF47	29-31 6 MF477	MF	178	35 - 37 UF47		38-40 MF480	MF481
(Left arm)	Systolic	olic	Diastolic Systolic Diastolic					
)		NURSE	F	IRST EXA	MINER		SECOND	EXAMINER
URI- NALYSIS	MIFY D Sugar	Albumin  Negative	M F Bact	46 484 oriuria				
	_	1 Positive 2 Doubtful 9 Unknown		•				
2+	47 - 49		0 - 52	ξ.	3 - 54		55 <b>-</b> 58	
	MF 485	MF	486	MF	487		MFY88	
BLOOD ANALYSIS	59-61 MF489 Triglycerid	es Fib	2 - 64	MF49 Fastin	<b>a</b> [	66 arge	67 MFY91 Latex	
) )	68-70				0 - No 1 - Yes 2 - Doubtful 9 - Unknawr / - FA-ST//		1 - Positiv 2 - Positiv	ve in all 3 stages ve for serum ve for Euglobulin ve in inhibition stage
	Triglycer (Centrifu				K-NON-F			

PHS-3525	. 2		EV		.,			Coded by:		Date:
	SHEET gham t	leart St		AM V	11			Varified by:		Date:
NAME										DATE OF EXAM
	1.	4	_				15	16		17 - 19
					ard No. 2 AY REPOR	т		~	M	F493
	Record N	lumber					Exam	VI Exam VII CRA function		Size
CHEST	FILM 20	21		22	23		24*	25*	26*	27*
BEFORE	MF 494	MF 495		MF 496	MF 497		MF 498	MF 499	MF 500	MF 501
	GCE	LVH	-	AH	RVH		Other contour	Pulmonary artery	Position	Calcification other than aortic
	28	29	1	30	31		32*	`		
AFTER			] .					CODE		
	GCE	LVH		AH	RVH		Other cantour	CODE:	al	
	33	34 MF	35 MF	}	36	,	37* MF	1 - Abno		
AORTA	MF 502	503	504		505		506	2 - Doub	tful	
;	Asc	Arch Tortuous	Desc		Calcified		Other		al for entire raw ol. 20, 28, 33, 38	, or 42)
•	38*	,	39*	Ì	40*		41*			
NON-CV										
	Bone	<b>-</b>	Pleural	•	Parench yma l		Other			
BONE	FILMS		42*		43*		*Description		•	
ARTHRIT	ris		MF 507		MF 508					
4,	<del></del>		Rheumatoi		Gouty					
Heart siz	•									
CT Ratio	<del></del>			···						
				,						

Change in heart size since previous exam

Heart Smaller

Heart Larger

Interpreted
by: Lloyd E. Hawes

Cardio-Roentgen Activator Sat.\_\_\_\_\_ Unsat.\_\_\_\_

4S 3525-	4						Coded by:		Date:	
cXAM VII	CODE SHEE' m Heart Study	г	C	Verified by	, <del>.</del>	Dates	·			
	1-4				PHYSI	ICAL EX	TANIMA	ION		
Recor	d Number	CHE					<del>- · · · · · · · · · · · · · · · · · · ·</del>	MURMURS		<del></del>
5	6	7	8	9	10		11	12	13	
MF	ME	ME	ME	MF	ME	7			1	•
548	549	550	551	552	553					
AP diameter	Kyphosis	Depressed stemum	Scollosis	Breath sounds	Rales		Apex Svs	Right base tolic	Diastolic	
	DOMEN AND		·		SIC	ENS OF CV				
14 ·	15	16	_	17	18	19	20	21		
	MF 554	MF 555					:			· ·
Liver	Ankle edema	Varices	L	Aphasia h	lemiparesis	Hyper- reflexia	Path. reflexes	Other	j	
•		<del> </del>	·		EYES	renexio	renexes		<del></del>	
22	HAIR 23	24		25	26	27		28	29	,
				MF	MP	MF		ME		
				556	557	558		559		
Color	% Gray	Bald	· L	Arcus	Exoph-	Xanthe-	) L	Canthomata	Hairin	ess
		pattern	······	senilis	thalmos	lasma		EACTS		
30	31	THYROID 32	33	34		35	36	EASTS 37	38	39
MF	MF	MF	MF	MF	7					MF
Scor	Nodules	562 Diffuse	563 Toxic	564 Cervicol		Scar	Mass	Nodes	Polythelia	S-65 Rheumatoid
				adenopath						orthritis
	· 			E	CG FIN	DINGS			···	<del></del>
40	41	42	43	44	45	46	47	48	49	50 - 52
ME	ME	MF	MF	MF	MF	MF	ME	MF		MF
566	567		569	570	571	572	573	574		575
GI	MI	CI	LVH	IV Block	AV Block	Non-spec.			Other	Ventricular
								<del></del>	:	rate
	<del> </del>		F	INAL DI	AGNOST	IC IMPR	ESSION			<del></del>
53	· 54	ASH 55	ID 56	57	· 58			RHD 59		HCVD 60
					;				. [	!
ASHD	AP	CI	History	MI	Add. Dx	]	L		l	<u> </u>
	IBLE HCVD	-	History of MI BL	MI by ECG OOD PRESS			HER HD			<del></del>
61	62		- · ·		64		65			68
7.	T-C-7/	./							MF M	
	4576					/ L		ا		78
Untreated HBP	l Treated HBP			atus Tr VII	eated			F	Functional C class	HF CVA

